

COMMISSION ON EXCELLENCE AND INNOVATION IN HEALTH MEETING MINUTES



Commission
on Excellence
and Innovation
in Health

Palliative Care Clinical Network Steering Committee (Teams Meeting)

Date/Venue: 08 October 2020

Chair: Dr David Holden

Attendees: Jane Marshall, Alan Bevan, Mark Waters, Linda Foreman, Caroline Amato, Helen Stone, Peter Allcroft, Deidre Morgan, Elizabeth Fallas, Sonia Schutz, Stephen Byrne, Lesley King, Tracy Bryant, Peter Jenkin, Kate Swetenham, Peter Harvey (proxy for Charlotte Griffiths), Sara Fleming and Rama Ramanathan (Minutes).

Apologies: Parry Agius, Tim To, Charlotte Griffiths and Katie Billing.

Guests: Helen Chalmers and Anji Hill

	Discussion
1.	<ul style="list-style-type: none">- Members welcomed.- No conflict of interest was declared.- Tracy has accepted a position within cancer services in the Limestone Coast and would leave her position at the Northern Adelaide Palliative Care Service. Therefore, she requested to step down from her role within the PCCN Steering Committee. David and members thanked her for her contributions, support, work and commitment to palliative care. Another representative for NALHN would be recruited through a targeted EOI process.- Kevin Hardy was welcomed. He would be proxy for Charlotte Griffiths while she is on maternity leave. Kevin is currently the Program Manager of Community Palliative Care at Calvary.
2.	<p>Minutes from previous meeting / outstanding action items</p> <ul style="list-style-type: none">- The Committee accepted the draft minutes of the meeting held 10 September 2020 as a true and accurate record of the meeting.

3.	<p>Palliative and End of Life Care Strategic Framework for SA 2021-26</p> <ul style="list-style-type: none"> - Anji presented an update on the developments around the Strategic Framework - Project Board had 2nd meeting on 28 September and welcomed 5 new members: <ul style="list-style-type: none"> o David Militz, Chief Executive Officer, Carers SA o Rosetta Rosa, State Manager SA & NT, Leading Age Services Australia Ltd o Jane Mussared, Chief Executive, Council on the Ageing- SA o Dr Russel Schutz, General Practitioner (Metropolitan Adelaide) o Dr Sonia Schutz, General Practitioner (Country SA) - The meeting discussed on what resource materials (e.g. National Palliative Care Strategy 2018) will be used to guide the early development of the framework. - Consumer perspectives will be derived from feedback received at the Statewide Palliative Care Workshop in 2019, focus groups undertaken with consumers for the development of SA Health's End of Life Care Strategy and the current PCCN COVID Palliative Care Consumer & Carer Survey 2020. - Draft Framework will be ready for consultation by December 2020 and would highlight vision, principles, scope, priorities and timeframe to implementation and monitoring. - It will be brought to the Project Board and the PCCN Steering Committee for input and improvements as it is developed. - The Framework will align with the 4 priority areas identified in the Implementation Plan of the National Palliative Care Strategy and capture consumer/ care perspectives, current evidence, what currently is being pursued in SA and future plans for each priority. - The Project Board is also looking to recruit expertise in data and evaluation to support this work. - Vision and principles section will be the first draft that will come to the PCCN for comment and input. - The Framework will inform the development of a SA Health specific Services Plan and help develop cross sector partnerships and models of care by July 2021.
4.	<p>COVID Consumer and Clinician Snapshot Surveys</p> <ul style="list-style-type: none"> - Have been made available through the YourSAy website. - Over 100 responses from clinicians and consumers have been received at this stage. - It is continuing to be promoted and will close on 31 December 2020. - An initial analysis will be useful for informing the development of the Framework.
5.	<p>Palliative Care for people with Dementia</p> <ul style="list-style-type: none"> - David is beginning a conversation with the office of the Chief Psychiatrist to explore how the PCCN can work collaboratively to improve palliative care access for people with dementia. - Alan spoke of Dementia Australia's Palliative Care program which begun in South Australia. It could be relevant to guide future work.

6.	<p>Compassionate Communities</p> <ul style="list-style-type: none"> - A first meeting of key stakeholders is being planned in early November with Shyla Mills, CEO, Palliative Care Queensland to discuss on how a compassionate communities approach at the end of life could be pursued in SA. - CEIH will provide dedicated project support to coordinate this work.
7.	<p>Private Patient Access to Palliative Care</p> <ul style="list-style-type: none"> - David met with Charlotte before she went on maternity leave. - Efforts are being made by the CEIH to engage with Calvary and the Private Hospital Association, SA Branch. - Kevin spoke of the 2-year Calvary Community Palliative Care trial with BUPA and other private health insurers. Based on the outcomes, there is potential to expand the program to all of metropolitan Adelaide in future.
8.	<p>Nurse Practitioner 7 Step</p> <ul style="list-style-type: none"> - The work to expand the SA Health Resuscitation Planning 7 Step Pathway Policy Directive to enable nurse practitioners to develop and document 'Resuscitation Plan- 7 Step Pathway' within SA Health is continuing to be progressed through broader consultation with key stakeholders.
9.	<p>PCCN Communication Strategy</p> <ul style="list-style-type: none"> - The CEIH is starting to develop the PCCN Communication Strategy for consultation with the Steering Committee at its next meeting in November. - This work will outline the aims, principles and methods of communication in order to promote the work of the PCCN.
10.	<p>Draft National Palliative Care and End-of-Life Care Information Priorities</p> <ul style="list-style-type: none"> - Kate Chairs the Palliative Care and End-of-Life Care Data Development Working Group (PC EOL WG) which has developed the draft National Palliative Care and End-of-Life Care Information Priorities document for consultation which aligns with the National Palliative Care Strategy 2018. - She provided an overview of the 10 year forward looking road map to identify what data would be useful to build a national minimum data set for palliative care. - David is hoping to respond to the AIHW on behalf of the Palliative Care Clinical Network based on feedback received from members.
11.	<p>PCCN/ CEIH Support to a NHMRC Application</p> <ul style="list-style-type: none"> - Professors Jaklin Elliot, Greg Crawford, Ian Olver and other researchers at Adelaide University are submitting an application to the NHMRC Targeted Call for Research into End-of-Life Care for a 5-year project. - This project will investigate Australians' needs and preferences about where we die, identifying what is, what could, and what should be done, to meet the needs of Australian individuals and families facing decisions about where people are cared for when dying, and where they die. Through a multi-site, multi-discipline, and mixed-methods research program, we will identify the perspectives, values, and predictors, the anticipated and actual costs, and, outcomes associated with preferences for places of care, and place of death, plus variation amongst and within patients and caregivers (personal and professional) over time. We will develop and disseminate best-practice guidelines on how to work collaboratively with all, including those in marginalised communities, to achieve a death commensurate with individual, family, and community values regarding the places of care and of death. - In kind support is being sought from the PCCN/ CEIH and SA Health for the grant application. This will most likely involve membership on a Project Reference Committee, with the brief of providing expertise to ensure that the study design and recruitment are appropriate to meet the project's aims,

	<p>assist with recruitment and community engagement, and where appropriate to seek alignment with SA Health aims and directives and to facilitate appropriate dissemination of study findings.</p> <ul style="list-style-type: none"> - The Steering Committee provided in principle support for the PCCN/ CEIH to be involved in the application as an affiliate/ partner organisation for the research project.
12.	<p>Aboriginal Palliative Care Workshop</p> <ul style="list-style-type: none"> - PCSA, The Aboriginal Health Council of SA and PEPA had hosted a forum on 7 October 2020 to explore Aboriginal Health providers and Community views and experiences of palliative care with the aim of improving the provision of palliative care for all SA Aboriginal Communities. - Morning session was a conversation within the Aboriginal Communities and the afternoon session was an interaction between specialist services & policy makers and the communities to discuss service improvements. - Mark is starting to follow up on the many actions from the day and continuing the community conversations. - Some SA Aboriginal practitioners have now nominated to be on the National Indigenous PEPA program Reference Group. There was also interest and goodwill among the participants to establish an Aboriginal Advisory Group under the PCCN to continue the engagement. - David highlighted the suggestion from the Aboriginal Community for PCCN sub groups to be called Advisory Groups to eliminate any hierarchy that might exist between the PCCN Steering and Advisory groups. Advisory Groups will reflect the subject matter expertise and skills within the respective groups. - The PCCN Steering Committee agreed to rename all current PCCN Sub Groups to Advisory Groups recognising the expertise of the membership. - Stephen and Mark highlighted some of the challenges around meeting the needs of the various communities in a culturally appropriate manner. There was interest from the Communities present to contribute to the development of the Palliative and End of Life Care Framework.
13.	<p>Grief and Bereavement</p> <ul style="list-style-type: none"> - A suggestion has been made by the PCCN Bereavement Advisory Group to include grief and bereavement in the palliative care and end of life care definitions within the PCCN Steering Committee or other Advisory Group ToRs. - Sara encouraged Kate to consider for the Bereavement Group's work to also have a focus on 'Anticipatory Grief'. Kate mentioned that the Group's focus has currently been on supporting someone post death. There could be learnings from paediatric palliative care for any future work around managing anticipatory grief in adults. - Mark enquired on how the intent of the Group to create a Grief and Loss Framework for SA will interface with the work to develop a Palliative and End of life Care Framework. Kate is meeting with Anji and also inviting her to a future PCCN Bereavement Advisory Group meeting to discuss further.
14.	<p>Aged Care Advisory Group</p> <ul style="list-style-type: none"> - Peter was an apology - David highlighted that the Group at the last meeting discussed and agreed that the priorities and projects of the Group would be on improving palliative care access for those in the community receiving aged care packages as the Comprehensive Palliative Care in Aged Care (CPCiAC) project had a focus on improving palliative care access for those in RACFs. - Kate highlighted that the recent Aged Care Roundtable which she organised for the CPCiAC project also highlighted the needs within palliative care

	needs in community aged care.
15.	<p>DHW Reporting</p> <ul style="list-style-type: none"> - Helen C spoke to the DHW Palliative Care Programs Update (October 2020) briefing. - She thanked Mark, PCSA, Kate and other DHW staff in her team who were instrumental in running a successful Aged Care Training and Education Roundtable face to face on 30 September for the CPCiAC project. A report from the day with recommendations is being prepared and will be circulated to the PCCN Steering Committee for comment at its next meeting in November 2020. - Mark highlighted that paying trainees a full wage (instead of 50%) could be a good way to encourage uptake of aged care training places in SA and the palliative care training modules. - Helen C discussed the Strengthening Advance Care Planning in Residential Aged Care Facilities Proof of Concept Projects Progress Report. - The Committee supported the approach to build on the outcomes and lessons learned through the proof of concept projects to deliver a targeted train the trainer program with a training provider and the engagement of Lead Nurses. - Jane suggested that any training approach has a strong carer involvement and opportunities for rich storytelling and sharing lived experience. - Stephen spoke about the need to work with other professional groups in addition to GPs (e.g. Lawyers) to normalise the uptake of advance care directives earlier on in the community. - Helen S mentioned that financial planners or lawyers are not accessible for a large segment of the population. Therefore, encouraging more/ as many clinician touch points in the health system along someone's journey to have end of life conversations would increase the uptake of advance care planning in a timely manner.
16.	<p>PCCN Capability Framework survey</p> <ul style="list-style-type: none"> - The Capability Framework has been developed as a way to measure a clinical network's knowledge, experience and skills in 6 key domains. The intent is to build high functioning, effective, self-sustaining groups who have the knowledge, skills and experience to create change in the health system as well as function in a sustainable way. - The first step is to develop a baseline measure of where the steering committee's current capability is sitting. This is done by all members answering the questions in the survey. The questions ask about the steering committee's capability as a group, as opposed to an individual's experience, knowledge and skill. - The results of the survey will be collated and a heat map produced. This map will then be used to plan out future capability building with the steering committee. - It's intended that the survey will be repeated in the future and it is logical that after some targeted skill development, when the steering committee members repeat the survey the results will point towards increased capability and sustainability. - Sara spoke of the need to ensure we also measure how the PCCN has impacted on improving the lives of consumers being served.

17.	<p>Statewide Clinical Lead Update</p> <ul style="list-style-type: none"> - David's report will be attached to the Minutes. - He has worked on a communication video to go with the Palliative Care newsletter which is currently being developed.
18.	<p>AOB</p> <ul style="list-style-type: none"> - CALHN 7-day service project is temporarily on hold due to predominantly medical staffing issues. Work is underway to design a modified approach.
19.	<p>Close</p> <ul style="list-style-type: none"> - Meeting ended around 5.05pm. - Next meeting will be held on Thursday, 12 November, 3.30-5pm.

Current Actions		Responsibility/ Timing
1.	Anji to meet with PCCN Advisory Groups to understand their priorities, work and to explain the process undertaken to develop the Palliative and End of Life Care Strategic Framework for SA 2021-26.	Ongoing
2.	PCCN Sub Groups to be renamed as Advisory Groups.	Completed
3.	PCCN Steering Committee members to approve inclusion of Grief and Bereavement in all palliative care and end of life care definitions within PCCN Steering Committee and Advisory Group ToRs.	Completed
4.	David, Mark and John McMahon (PCSA) to meet to discuss further about the establishment of the PCCN Aboriginal Advisory Group and about continuing to involve Parry Agius.	Completed
5.	Meet to discuss involvement of funeral directors in provision of grief and bereavement support to families.	Kate and Jane prior to next meeting.
6.	Meet to discuss on how to engage with the Aboriginal Communities around the Comprehensive Palliative Care in Aged Care project.	Kate, Mark and Graham Aitken (CEO, Aboriginal Community Services) prior to next meeting.
7.	Provide further information on what is being done to encourage easier access through external search engines of the new Palliative Care portal on the SA Health website.	Helen C when ready
8.	Work with DHW to gather feedback from consumers, GPs, SPCs and other stakeholders on the review of the Palliative Care Portal on the SA Health website and the referral form for specialist palliative care services.	Rama prior to next meeting
9.	Send PCCN Capability Framework survey link to members.	Completed
10.	Work with adult metro Specialist Palliative Care Services to understand and improve private patient access to palliative care services.	Ongoing
11.	Follow up with David, Katie and Kate around work happening within Mental Health and other areas in DHW to address any increase in rates of suicide and anti-depressant usage during COVID 19 for future consideration by the PCCN Bereavement Sub Group.	Deferred for comment from Mark
12.	Provide an update to the Review of SAAS in the delivery of palliative care.	SAAS- Deferred to November meeting
13.	Continue to schedule one on one meetings with Steering Committee members.	Secretariat- Ongoing
14.	Continue to explore funding for the provision of pastoral spiritual care in the SA community.	Jane - Ongoing

